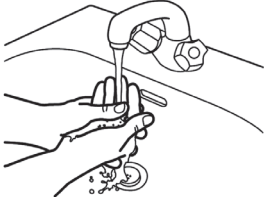
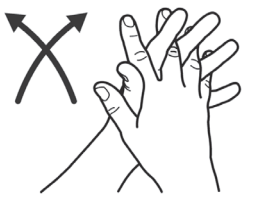

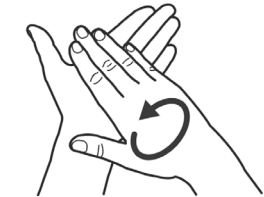
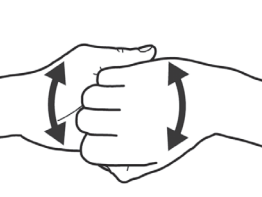

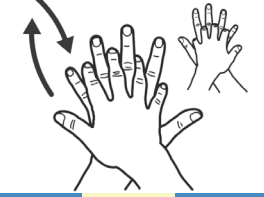



Effective Handwashing Techniques

	<p>1. Wet hands with water; Apply enough soap to cover</p>		<p>4. Palm to palm with fingers interlaced</p>		<p>7. Rub tips of fingers and fingernails in the palm of the opposite hand.</p>
	<p>2. Rub hands palm to palm</p>		<p>5. Backs of fingers to opposing palms with fingers interlocked</p>		<p>8. Rub in circular motion around each wrist with opposite hand.</p>
	<p>3. Right palm over left dorsum with interlaced fingers and vice versa</p>		<p>6. Rotational rubbing of left thumb clasped in right palm and vice versa</p>		<p>9. Rinse hands with water and dry hands thoroughly</p>

KEEP CROSS CONTAMINATION FROM TAKING PLACE!

Remember to wash your hands **before:**

- | | |
|----------------------------|-----------------------------|
| Your Treatment | Touching your Eyes, Nose or |
| Eating | Mouth |
| Leaving the treatment area | Or, when in doubt |
| Going home | |

Remember to wash your hands **after:**

- | | |
|-------------------|------------------------------|
| Sneezing | Touching any surfaces in the |
| Coughing | Center |
| Blowing your nose | Using the restroom |